Shore Residents Are a Vanishing Breed

By Linda Cieoira

Election redistricting measures just got even more complicated. Newly released 2010 U.S. Census figures show a population drop of 13.4 percent, or 5,141 people, for Accomack County since 2000.

The bureau said Accomack had 38,305 residents in 2000. But county officials questioned those figures, saying they were too high. Accomack used 34,488 as a total population when completing redistricting work in 2001. The efforts were approved by the US Justice Department. Since then the figure was also used for planning.

Now the census shows a population of 33,164, or 3.8 percent, compared to the figure Accomack used.

The number of people living in Northampton County decreased by 9.4 percent, or 704, in the last 10 years.

Commenting on the Redistricting Dataset for Virginia released last Thursday by the Census Bureau, Accomack GIS Coordinator Tom Brockenbrough wrote County Administrator Steve Miner, “The numbers do not look good for Accomack. The will take some time to fully drill down the data to have a more composite look at what this will mean for redistricting… At this point I have some great reservations about the accuracy of the numbers. We had a dramatic over-count in 2000. I think we’ve now got a serious under-count.”

Brockenbrough, who also serves as Accomack’s interim planning director, noted that if the county continues to use nine election districts, the ideal number in each would be 3,685 residents.

“Generally, election districts must be within 95 percent to 105 percent of the ideal population to be considered an acceptable size after the redistricting process (3,501 - 3,669),” he continued. “At present, five districts meet the criteria - Districts 3, 4, 6, 7 and 8. Two districts need to gain additional residents to meet the threshold - Districts 1 and 7 - and two districts need to lose residents to keep from being too large - Districts 2 and 9.”

Two charts were sent to each of the supervisors regarding election district and town populations.

The information shows Election District 1, which is comprised of Chincoteague and is represented by Supervisor Wanda Thornton, as going from 3,806 residents to 2,941 or a drop of 24.7 percent in the past 10 years.

Election District 2, which is Supervisors Ron Wolf’s territory, had 4,003 residents in 2000 and has dropped to 4,633, according to the figures. The hike represents 18.4 percent.

Supervisor Grayson Chesser represents Election District 3. It has dropped in population, according to these figures, by 6.8 percent, from 3,868 to 3,695.

Election District 4, which is Supervisor Sandra Hart Mears’ territory, had 3,893 residents in 2000 and has dropped by 0.9 percent to 3,690.

Supervisor Jack Gray represents Election District 5, which has grown by 2.4 percent. In 2000, figures show the district had 3,906, compared to 4,090 in 2010.

Former Sheriff Robert Crockett represents District 6. He was recently appointed by the board to fill the unexpired term of Steve

(Continued on Page 7)

Heart to Heart

Bill and Mary Rose Lazenby of Atlantic (above) will celebrate their 50th Valentine’s Day as husband and wife next week. She met him when she worked at the soda shop in Melfa. “I thought he was cute so I asked him out. I invited him to a sock hop,” said Mrs. Lazenby. “I’ve been happy ever since,” said Mr. Lazenby. “I’m proud of you. You really are.” The couple have four children, eight grandchildren and seven great-grandchildren. (See Valentine’s survey story on Page 12.)

McCaleb Resigns as Supervisor

By Linda Cieoira

Accomack County District 9 Supervisor Phil McCaleb of Cradocksville resigned from office this week, effective today.

“With a heavy heart that I tender this resignation due to health reasons,” he wrote in a letter to Chairman Donald Hart dated Tuesday.

McCaleb said Wednesday, “I have prostate cancer. While I probably could continue to serve out my term, I felt that both the people of my district and myself would pay a potential high price if I stayed on. It is likely that I will be leaving the Shore for treatment and who knows the side effects, time and distractions I would face. While I have found the work as a member of the board to be fascinating, frustrating, it needs or demands more time and focus than I am able to give the job, as well as making a living.”

McCaleb requested that the board appoint Wesley Edwards of Belle Haven to fill the seat.

(Continued on Page 9)
Red Cross A Shore Thing

By Ron West

After two years without a presence on the Eastern Shore, the American Red Cross again will provide direct support locally.

John Culp, executive director for the Lower Shore Chapter of the Red Cross, told the Northampton County Board of Supervisors that the Salisbury office now will provide service to Accomack and Northampton counties. From time to time, the Red Cross has had offices in one or both counties on the Shore, but budget and manpower issues resulted in the office located in Belle Haven closing. For a time, the services provided by the Red Cross were coming out of Baltimore. Culp stated that the Lower Shore Chapter agreed to assume support for the Eastern Shore beginning this year.

Culp noted that providing services for the Eastern Shore will pose a financial burden for the Lower Shore Chapter in that it had not been factored in to the 2011 budget. As a result, he hoped that local residents and possibly the local governments would be forthcoming with donations.

School Superintendent Dr. Richard Bowmaster provided an update on the Capital Improvement Plan (CIP) for the next several years. According to Dr. Bowmaster, the CIP includes approximately $9 million for improvements to the three county schools.

Psychiatrist Dr. John Oram, addressed the lack of long-term care for county residents suffering from mental and substance abuse issues now that Riverside Shore Memorial Hospital no longer offers this service. Dr. Oram urged the supervisors to press Riverside to consider resuming such care locally.

Area resident David Kahler reported that Indian Town Park is seeing record interest from the public. Kahler said that the Parks and Recreation Department wants to add an additional two weeks to its summer program for young people.

Tom Murray and Doug McMinn gave the supervisors their perspectives on the status of aquaculture in the county. Murray noted that the Eastern Shore is the largest producer of hard-shell clams on the East Coast, with 90 percent from Northampton County. He said the industry has an annual production valued at $50 million, with approximately $9 million of that going into the wages of the 360 plus workers.

McMinn noted the value of the farmed oyster industry to the Shore stating that oysters can bring in an average of 25 cents each, thus providing a good income for anyone willing to invest the time and energy in the industry.

Supervisor Oliver Bennett asked what a person would need in order to get started in aquaculture. McMinn replied that it could be as simple as having a small skiff and a way to access the water. He continued by saying that the farming of oysters was poised to equal the harvesting of native stocks seen in years past but that has been on a decline for the past half-century.

Following a public hearing, the supervisors agreed to support a request by Eastern Shore Rural Health, the World Health Institute, and the Eastern Shore Area Agency of Aging/Community Action Agency to be given tax-exempt status.

The board also approved a request by Delaware Energy to erect a meteorological tower (MET) to gather data on wind speed and direction, on the condition that it have bird diverters as well as acoustical bat detectors.

Supervisors Tankard and Murray gave an update regarding the move of Riverside Shore Memorial Hospital to an area near Accomac. Tankard cited the additional financial costs that would be incurred by Northampton Emergency Medical Services (EMS) agencies, including the need for additional equipment and staffing.

"If (the hospital) goes to the Accomac area, the new line for moving patients south to a Hampton Roads hospital will be located just south of Eastville," Tankard said. He noted the need to encourage Riverside to consider an emergency facility to fill the gap in medical care for county residents once the Nassawadox facility is closed.

Supervisor Jim Long Jr. noted that factoring in the added distance, the period from receiving a call to reaching the hospital could exceed an hour.

Plea Made for New Hospital

By Linda Cicoira

Census figures are a big part of Riverside Shore Memorial Hospital's plea for a Certificate of Public Need (CPN) to move its facility to Accomac.

The CPN application states, "In order for the hospital to survive in this changing healthcare environment, it needs to move to an area where the hospital can build a completely new physical plant, both inpatient and outpatient components can be cost efficient to operate, the hospital can be in a patient market, which contains an existing favorable demographic and third party pay mix; and future population growth provides a more stable, as opposed to declining, patient census."

While the application cites a 48.9-acre parcel of land near Accomac, a hospital official recently said that could change in the next several weeks. The application identifies property "18 miles from the existing hospital site with a travel time of 22 minutes. While the property is currently zoned for agricultural use, Riverside has been assured by the Accomack County Administrator and County Planner that rezoning will not be an issue. Travel to Onset Bay in Virginia Beach from the new site is estimated at 67 miles and to Peninsula Regional in Salisbury at 57 miles."

The U.S. Census Bureau's 2010 figures show a population drop of 3.8 percent in Accomack County compared to the total used by officials in 2000 and a 5.4 percent drop for Northampton County in the last 10 years.

The CPN application states, "Most of the numerical growth in the decade 2010 to 2020 is expected to occur in Accomack County, increasing some 1,840 persons, or 4.8 percent. Northampton County is estimated to increase by some 1,000 residents or 6.7 percent. Of significance, the population age 65 and over for both counties is projected to show dramatic percentage increases by 2016 over 2010."

"Nearly one out of every five residents on the Eastern Shore in 2016 will be age 65 and over. It should be noted that age group 65 and over consumes at least four times more healthcare resources than those individuals under age 65. This high proportion of senior citizens is reflected in the percentage of patients: days (2009) at Riverside Shore Memorial."

"The hospital ranks 11th of all 64 acute care hospitals in Virginia in combined Medicare and Medicaid as a percent of total gross patient revenue," the application states, "it is fourth among all Virginia acute care hospitals in the percent of bad debt expenses. A significant part of this expense could probably be classified as charity care, given the economic circumstances of many Eastern Shore residents."
**Car Care**

**TRY THESE STEPS FOR A ‘GReENER’ CAR**

It doesn’t matter if the car you’re driving is new or old, big or small. There are preventive maintenance steps vehicle owners can take to make sure their car is as “green” or environmentally friendly as possible, according to the Car Care Council.

By following simple preventive maintenance steps, you can help protect the environment by improving gas mileage, which in turn saves money at the pump.

- **Keep your car properly tuned for optimum performance.** A well-tuned engine delivers the best balance of power and fuel economy and produces the lowest level of emissions. A 21st Century tune-up can improve gas mileage by an average of 4 percent. Fixing a serious maintenance problem, such as a faulty oxygen sensor, can improve gas mileage by as much as 10 percent, saving about 15 cents a gallon.

- **Regularly check and replace dirty air filters.** An air filter that is clogged with dirt, dust and bugs choking off the air and creating a “rich” mixture - too much gas being burned for the amount of air - that wastes gas and causes the engine to lose power. Replacing a clogged air filter can improve gas mileage by as much as 10 percent, saving about 15 cents a gallon.

- **Have spark plugs checked and replaced if necessary.** A vehicle can have four, six or eight spark plugs, which fire as many as three million times every 1,000 miles. This results in a lot of heat, electrical, and chemical erosion. A dirty spark plug also causes misfiring, which wastes fuel.

- **Maintain the cooling system.** A cooling system thermostat that causes the engine to run too cold will lower the fuel efficiency of a car by as much as one or two mpg. There are also improved radiator caps on the market today that allow the cooling system to operate at a higher temperature before boiling over, increasing the system’s efficiency and reducing emissions.

In addition to proper vehicle maintenance, vehicles can be more fuel-efficient if tires are properly inflated and if drivers observe the speed limit, avoid aggressive driving and excessive idling, and adhere to an errand list to eliminate extra trips to the store for forgotten items.

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Grand Jury Indicts Several

By Linda Cicotra

A Maryland man was indicted Monday by an Accomack County Grand Jury on two robbery charges in connection with a September incident in Wachapreague.

Denzel Maurice Timmons, 20, of Pocomoke, was indicted on charges of robbing Carolyn Denise Himmon and Bonnie Dennis, both of whom worked at Corner Mart Convenience Store. He also was indicted on charges of using a firearm in those crimes. Investigator R.E. Drummond of the Accomack County Sheriff's Office (ACSO) handled the cases.

Also indicted were:

• Isaac Sample Jr., 42, of Onancock, on a count of abducting Lanne Sample on Dec. 13, 2010. According to court records, "The accused went into a fit of rage and began to punch (Lanne Sample) in the face, threw her down on the floor and started kicking her ... grabbed her, pulled her back inside the house ... loaded the gun and advised, 'You're never leaving.'" Deputy Ed Perry of ACSO investigated.

• Bonnie Lou Thompson, 50, of Chincoteague, on a count of cocaine possession on Nov. 4, 2010. Chincoteague Sgt. K.A. Rease investigated.


• Preston Lee Strand Jr., 17, of New Church, on a count of eluding a police officer on Dec. 1, 2010. He will be tried as an adult. Parkley Police Chief W.T. Carpenter investigated.

• Yolanda Osha Stines, 35, of Painter and Shakeva Matthews, 23, of Tusley, each on a count of possession of a cell phone by a prisoner on Nov. 17, 2010. ACSO Sgt. Anthony Bright investigated.

• Dijon Ryheem Smith, 18, of New Church, on a count of armed robbery of Shane Stambaugh and use of a firearm in the robbery on Oct. 10, 2010. Deputy Patrick Lynn Coulter of ACSO investigated.

• Rachel Ann Shepard, 30, of Onancock, on a count of assault and battery of a firefighter (Tyler Warren of Onancock Fire Department, who was answering a call) on Oct. 30, 2010. Onancock Police Chief Bryan Heaster and Officer B.K. Greer investigated.

• Carl Ray Murray III, 19, of Pungoteague, on a count of assault and battery of Deputy J.A. Campbell. The complaint was made by Campbell.

• Wykia Shanell James, 18, of Nassawadox, on three counts of forgery in November 2010 of $500 in checks belonging to Anishka West. Onley Officer David Richardson investigated.


• Devon Lamar Himmon, 21, of Temperanceville, charged with eluding a police officer on Oct. 21, 2010. State Trooper D.N. Lawson investigated.

• Robbie O'Brian Harris Jr., 20, of Temperanceville, on a count of robbing Vernon West of money on Sept. 5, 2010. ACSO Deputy Thomas Adams investigated.

• William Harmon, 34, of Melfa on counts of possession of cocaine and possession of a firearm while in possession of a controlled substance. Trooper J.D. Renas investigated.


• Myron Hezzell Edwards, 46, of Melfa, on a count of receiving stolen property (electronics and tools) on Oct. 30, 2010. Widgeon investigated.

• Clyde Edward Dean Jr., 34, of West Point, Va., on a count of grand larceny of property belonging to Jay R. Aigner between June 1 and 30, 2010. Drummond investigated.

• Rykese Ja'Quan Brown, 20, of Parkley, charged with a third offense of DUI within five years on Oct. 8, 2010. Deputy E.J. Long of ACSO investigated.

• Kelsey Elizabeth Bottomo, 24, of Belle Haven, on two counts of credit-card larceny on Oct. 23, 2010. Trooper K.E. Lewis investigated.

• Tracey Lynne Bailey, 36, of Chincoteague, on a count of stealing checks belonging to Charmaine and David Birch between May 25 and June 1, 2010. Chincoteague Police Capt. R.K. Fisher investigated.

• Fred Nathaniel Turlington, 39, of Melfa, on a count of assault and battery of a police officer (Deputy Campbell) on Nov. 25.
Exmore Reviews Policies for Filling Council Seats

By Ron West

Exmore Town Council continues to revise the town charter to bring it in line with recent General Assembly actions.

One area of interest defines policies surrounding the filling of vacant seats on Council. Prior to 2010, such vacancies were filled by special election. In 2010 the Virginia General Assembly enacted changes that could require a special election to fill a vacant seat.

One additional change proposed by Exmore Town Council would require a sitting member who wishes to run for mayor to resign from Council, thus leaving a vacancy that would need to be filled by election.

Once Town Council refines its recommendations on changes to the charter, it will conduct a public hearing on the charter, with public comment.
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Census

(Continued From Front Page)

Mallette, who resigned. Figures show that district had a 2 percent drop in population, from 3,659 residents to 3,587.

Election District 7, which is represented by Vice Chairwoman Laura Belle Gordy, went from 3,725 residents to 3,265, a decline of 11.8 percent.

The population of Election District 8, which is represented by Chairman Donald Hart, went down by 1.4 percent, from 3,725 to 3,671.

The population of Election District 9, which is represented by Supervisor Phil McCaleb, went down by 8.6 percent, from 3,917 to 3,582 residents.

Figures for towns were also released for 2010. Population is down for Accomack, Bloxom, Chincoteague, Hallwood, Melfa, Onancock, Painters, Saxis and Wachapreague.

Figures for Belle Haven, which is in both Accomack and Northampton counties, were not included in Brockenbrough’s letter. “The Census Bureau reports three numbers for Belle Haven — the Accomack portion, the Northampton portion and a total and I haven’t yet been able to verify that I’m comparing numbers for a similar geography,” wrote Brockenbrough.

In Accomack, the population was down by 5.1 percent, from 547 residents to 519. In Bloxom, it was down 3 percent, from 399 to 387. In Hallwood, it went down by 29 percent, from 290 to 206. Melfa’s population dropped by 9.3 percent, from 450 residents to 405. Onancock’s population declined by 17.2 percent, from 1,525 residents to 1,263. Painter went down by 6.9 percent, from 246 to 229 residents. Saxis went down 28.5 percent, from 337 to 241. Wachapreague’s population went from 236 to 232 residents, a drop of 1.7 percent.

Population is up in Keller, Onley, Parksley and Tangier. In Keller, it went from 173 to 178, an increase of 2.9 percent. In Onley it went from 472 to 516, a hike of 9.3 percent. In Parksley, it went from 637 to 842, an increase of 16.6 percent and on Tangier Island it went from 604 to 727, an increase of 20.4 percent.

Mayor Billy D. Custis of Onley was surprised to hear the numbers for her town. “We had a whole lot of (census surveys) that were delivered to Onley that said Melfa,” she said. “My whole street (Carol) was wrong. The majority of West Main Street was wrong. There was someone on Maple that was wrong. Nobody gave me a satisfactory answer about how it was going to be handled.”

She said population figures affect the amount of funding handed out by the state.

According to the state Department of Criminal Justice Web site, money for local police is distributed based on crime rates, population, population density and welfare caseloads.

Onley expects to get more than $11,000 for its police department. While there are 225 inhabited houses in the town, there are also more than 80 businesses and busy Lankford Highway. Custis said local sales tax is also returned based on school-age residents.

Other towns that will see police money are Cape Charles with $26,076, Chincoteague with $97,587, Exmore with $31,049, Onancock with $32,398, and Parksley with $18,496.

According to the Virginia Public Asset Project’s Web site (vypap.org), “based on the 2010 Census, the ideal population of each Congressional District will be 727,368 people.” The district, which includes the Eastern Shore, is more than 10 percent below target.

Miner wrote to the supervisors last Friday. “Our population has dropped according to the census by some 5,100 persons. At first blush, I suspected a second bad census for us. The last one was high and this one, well, who knows. We had a lot of stories of people not counted. I will say that our loss in population does seem incongruous with the interim numbers we have occasionally received, which showed us with very modest growth.”

Supervisor Claims Census Reflects Several Errors

By Linda Cicoira

Accomack Supervisor Wanda Thornton of Chincoteague is joining forces with Chincoteague officials and staff to fix mistakes in the island’s 2010 census.

“We had multiple complaints from people who said they weren’t counted,” said Thornton. “Some said they (census workers) came to their houses three times. It really is a messed-up thing ... just looking at it you’ll know it isn’t correct,” she told Town Council Monday.

According to 2010 census figures, the population on Chincoteague Island is down by 24.7 percent compared with figures gathered in 2000, from 3,996 to 2,941 residents.

Thornton said there are 2,602 registered voters on the island and 420 students in the public schools. “Lots of people won’t register to vote because they (incorrectly) think that means jury duty,” she said. Voters and public-school students combined are more than what the census came up with and don’t include children who are home-schooled or attend private schools, Thornton said. There is a similar situation with countywide results, she added.

The census shows Accomack with a population of 33,164 but Thornton said there are 22,991 registered voters in the county and that, combined with the number of students, shows the census figures are too low.

“We’re going to have to do a lot of the work ourselves,” she said, warning that not righting the wrong could result in losing state money for road maintenance and a seat on the Accomack-Northampton Planning District Commission. “This could really be devastating for us,” she told Council.

“We’re just going to have to do our own count,” she said. And the new figures would have to be proven. In 2000, Thornton said, it was easier to correct errors in the census, which showed 418 residents in Inlet View, where no one lived.

“The biggest increase was in Ron Wolff’s District where they made a big mistake last time,” said Thornton. She explained errors in those population figures also were corrected easily because they occurred at Trails End, which also did not have full-time residents.

Both Inlet View and Trails End now do have some residents, she said. While the county corrected problems with the 2000 census, some figures are still wrong because the “information had already gone to print.”

Thornton also commented that recent census figures for Tangier are wrong. In District 9 (the Painter/Belle Haven areas), she said, there were no complaints about residents not being counted. Thornton said the local census was performed by people from “across the bay” who do not “know the properties and the ins and outs of getting in touch with people” here.

Chincoteague Councilman John Howard said the biggest complaint was the fear residents had when strangers showed up on their property. “They felt very uncomfortable,” Thornton agreed, adding, “They are geared to handling the citys.”

The supervisor suggested that corrections be made by the street. Chincoteague Mayor Jack Farr, who said the census workers missed all of Bunker Hill, noted that Chincoteague “was one of the few places that didn’t get the mailing. They just came door-to-door.”

In addition to a physical count, County Attorney Jon Poulsen said the town could use personal property and water bills to show population.

Town Manager Robert Ritter also said errors in the census were made. He said of the 4,517 dwellings on the island, the census shows 69 percent are not occupied.

“We have a lot of unoccupied houses, but we don’t have that many,” said Thornton. “It’s just another thing you have to spend your time and money on that should have been done right in the first place.”

In other business, Chincoteague Council agreed to seek a federal grant for $250,000 to buy new trolleys. After the old ones are sold, the cost to the town would be about $12,000 if the grant is obtained and the state kicks in $82,000.

Councilman Terry Howard wanted the town to urge owners of the Roxy Theater to change the name back to Island Theater, which it was for years in his youth. He said keeping the history is important and that the cost would be worth it.
20 Piece Chicken McNuggets

$4.99 EVERYDAY
Andrew Ashby Makes Dean’s List

Andrew Ashby of Belle Haven was named to the Dean’s List for the fall semester of 2010 at Old Dominion University. Ashby is an exercise science major in the Darden College of Education.

To make the Dean’s List, students must have a GPA of 3.4 or higher.

~ McCaleb ~

(Continued From Front Page)

“My request is that the ... board ... does whatever necessary to seat Mr. Edwards before the regular meeting of Feb. 16 so that the District 9 constituents will have continuous representation,” McCaleb wrote.

“I am recommending Wes Edwards be appointed in my stead for one reason,” McCaleb continued. “He is the best person for the job. I don’t think Wes has missed a board meeting in the last five years. He is up to speed on all the issues before the board and has a good grasp of the various personalities of the board members and the various county employees. In other words, he will not have the learning curve that made me feel so ‘at sea’ when I first went on the board. He is bright, a hard worker and he cares about Accomack County and its government.”

Edwards, who was McCaleb’s campaign manager, said he will pursue the supervisor’s seat “now and in the November General Election.”

McCaleb of McCaleb-Metzler Inc., an insurance firm in Belle Haven, is the second supervisor to resign in 2011. Former Sheriff Robert Crockett was appointed last month to fill the unexpired term of Steve Mallette, District 6 representative to the Board of Supervisors.

This was McCaleb’s first term after beating out Reneta Major who was appointed after her mother, Supervisor Julia Major, died.

Hart said he hopes the quest for a new supervisor would follow the same course as when Crockett was appointed. In that case, a deadline was set for residents of the district to apply for the position. Then a selection meeting was held, during which the candidates could tell about themselves and others could voice their support. If the supervisors fail to appoint a new member, a circuit court judge would decide.

Hart said he is calling a special meeting for 5 p.m. Feb. 14 to address the issue.

The Misconceptions About Estate Planning That Can Cost You Thousands

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Topics discussed will be:
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The next seminar will be held March 15 & 16
OBITUARIES

Perdue Security Guard Dies

Mr. Wayne Roger Baylis, 69, of Montross passed away Tuesday, Feb. 1, 2011, at Riverside Shore Memorial Hospital in Nassawadox.

Born in Huntingdon, Long Island, N.Y., he was a son of the late Clarence and Marjorie Frisch Baylis. Mr. Baylis was a security guard with Perdue Farms, Inc., and a former salesman for Stryker and Wise Potato Chips. Mr. Baylis served in the U.S. Army as a medic, and enjoyed gardening.

Survivors include his wife, Rosemary L. Baylis; children, Timothy Wayne Baylis (and wife, Jennifer) of Eastville, Tammy Baylis of Montross, Jeffrey Roger Baylis (and wife, Jennifer) of Guilford, Jaime Baylis Mealham (and husband, Bruce Jr.) of Bonaire, Ga., and Christopher T. Baylis of Guilford; brother, Clarence Baylis Jr. (and wife, Donna) of Quinby; grandchildren, Courtney, Kyle, Lindsey, and greataunts; Charles; step-grandson, Craig; and several nieces and nephews. He was predeceased by two brothers, Arthur Baylis and Donald Baylis.

Graveside services were conducted at Fairview Lawn Cemetery in Onancock Friday, Feb. 4, by Pastor Bobby Parker.

Memorial donations may be made to Bloxom Volunteer Fire Department, P.O. Box 132, Bloxom, VA 23308. Memory tributes may be shared with the family at www.williamsonfuneralhome.com.

Arrangements were made by Williams-Parks Funeral Home.

Tangier Resident Dies at Home

Mrs. Betty Crockett McMan, 78, of Tangier Island, went to be with the Lord Saturday, Feb. 5, 2011, at her home.

Born on Tangier Island, she was a daughter of the late Irene and Ray Crockett. A homemaker, she was a member of Swain Memorial United Methodist Church, where she was choir director, church treasurer and Bible School director.

Mrs. McMan is survived by her husband, Leon McMan; children and their spouses, Carlene and Rudy Shores, Nick and Laurie McMan, Irene and James Eskridge, and Carolyn and Jack Chandler; grandchildren, Jim, Jeff, James, Ashley, Nicholas, Joe, Joseph, Alece, Manjul, Devi, Bhagy, and Sreedevi; great-grandchildren, Andrew, Ayden, Priya and Lily; sisters, Norma Dize (and husband, Pres); and Jerry Pruitt; and several nieces and nephews. She was preceded in death by an infant child; and a brother-in-law, Charlie Pruitt.

Funeral services were conducted Tuesday, Feb. 8, at Swain Memorial United Methodist Church on Tangier by Rev. Patricia Stover. Interment was in the family cemetery.

Donations in her memory may be made to Swain Memorial U.M. Church, Parsonage Fund, Tangier, VA 23440. To send condolences, visit www.bradshawandsonsfuneralhome.com.

Arrangements were made by Bradshaw & Sons Funeral Home in Crisfield, Md.

VDOT Retiree Passes Away

Mr. Edmund McDaniell Bedsworth Sr., 73, of Exmore, passed away Monday, Feb. 7, 2011, at his residence.

A native of Exmore, he was the son of the late William Leonard Bedsworth and Marie Turner Bedsworth. Mr. Bedsworth was the assistant plant manager of the frozen foods plant in Exmore until he closed in 1980 and then was a traffic signal technician for VDOT until his retirement in 2008. He was a member of Episcopal Church United Methodist Church, past master of Broadwater Masonic Lodge 71 AF&AM, Northampton Chapter 2, and Exmore Moose Lodge 683.

Mr. Bedsworth is survived by his wife, Sally Black Bedsworth; children, Nancy Carol Bishop (and husband, Charles) of Troy, Va.; and Edmund M. Bedsworth Jr. (and partner, E. Lawrence Taranto) of Alexandria, Va.; sister, Marie B. Old of Chesapeake, Va.; brothers, Harry Leonard Bedsworth (and wife, Dolores) of Delray Beach, Fla.; and Everette J. Bedsworth (and wife, Marilyn) of Copps, S.C. He was predeceased by a sister, Emily B. Simms.

A memorial service will be conducted Saturday, Feb. 12, at 2 p.m. at Episcopal Church United Methodist Church by Pastor Ray McCard. Memorial donations may be sent to Episcopal Church United Methodist Church, P.O. Box 458, Exmore, VA 23350; or Hospice and Palliative Care of the Eastern Shore, 106 Market St., Suite 3, Onancock, VA 23417. Online condolences may be shared at www.doughtyfuneralhome.com.

Arrangements were made by Doughty Funeral Home, Exmore.

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Parksley, Va.

IDLIVER Proprietor Dies at Home

Mr. Robert Catell Mapp, 66, of Belle Haven passed away Tuesday, Feb. 8, 2011, at his residence.

A native of Belle Haven, he was the son of the late Cabell W. and Louise Jones Mapp. Mr. Mapp was sole proprietor of IDLIVER and a member of Belle Haven Presbyterian Church and Exmore Moose Lodge 683.

Survivors include his children, Sydney W. Mapp of Edgewood, Md., James W. Mapp (and wife, Brandi) of Snellville, Ga., and Paula Mapp Graymoor (and husband, Marc) of Sugar Hill, Ga.; and nephew, David Adams of Norfolk, Va. Mr. Mapp was predeceased by a brother, Sidney A. Mapp; a twin sister, Lillian Mapp Adams Barber; and a nephew, Patrick Adams.

A graveside service will be conducted Saturday, Feb. 12, at 4 p.m. at Belle Haven Cemetery, with Pastor Joe McKnight officiating.

Memorial donations may be made to Exmore Moose Lodge 683, P.O. Box 1227, Exmore, VA 23350. Online condolences may be shared at www.doughtyfuneralhome.com.

Arrangements were made by Doughty Funeral Home, Exmore.

More Orioles. Mr. Miles was a former manager of the Bayshore Markets until retirement. He was a member of the Grace United Methodist Church in Parksley and a past president of the Cape Charles Lions Club.

Mr. Miles is survived by his wife, Joyce Carpenter Miles; daughters, Sabra DeWitt of Cape Charles and Susie Bumma and (husband, Fred) of Chesapeake, Va.; grandchildren, Amy Jones (and husband, Will) of Exmore and Gabriella Bumma of Chesapeake; and great-granddaughter, Halee Greer of Exmore.

Funeral services will be conducted today, Feb. 11, at 2 p.m. at Doughty Funeral Home in Exmore by Rev. Charles Peterson. Interment will follow at Cape Charles Cemetery. Family will join friends one hour prior to the service.

Memorial donations may be sent to Cape Charles Lions Club, c/o Mr. Ronnie Crumb, P.O. Box 1287, Exmore, VA 23347; or to the DPCA Animal Shelter, P.O. Box 161, Onley, VA 23418. Online condolences may be sent to the family at www.doughtyfuneralhome.com.
**Court Records**

**Property Transactions**

- From Holt Creek, LLC
  To Kathleen and Paul Forst
  Property at Kendall Grove near Eastville
  For $350,000

- From Charles and Jennifer Donovan
  To Angela and Donald Ferguson
  Lot 112 at VaQuince Shores
  For $40,000

- From Gladys Odell Todd, Deanna Small, and Clifford Williams
  To David and John Hammond
  79000 Arlington Rd. near Cape Charles
  For $32,500

- From James Elliott, M. Blitstein, and Harold and William Russell
  To Delores Baksh & Shontello Abrams
  Lot 56, Section 7, Captain's Cove
  For $70,000

- From Jeannette Cachan
  To Eva Savage
  Parcel east of Belinda, Atlantic District
  For $17,500

- From Hanz Properties, LLC
  To Mike and Tommy Thompson
  Acomack parcel
  For $3,000

- From Joan Rawlings
  To New Partnership, LLC
  11025 Lankford Hwy., Temperanceville
  For $109,000

- From Eugene & Diane Trybulski
  To Larry and Carole Walsh
  Lot 204, Oyster Bay
  For $266,000

- From Bismarck, LLC
  To James and Wanda Doughty
  Lot 27, Pungoteague South
  For $36,000

- From Gene & Stephanie Taylor
  To Billie and B. James Dayton
  Lots 23-27 Section B, Chincoteague
  For $85,000

- From James Elliott and Arcee and Rose Pyron
  To Winston Custis
  Property in Craddockville
  For $16,000

- From James Elliott & George Teague
  To Thomas & Alexandra Miskimon
  Keller lots
  For $2,500

- From Harry and Patricia Parker
  To William Phillips
  Lot 2, Drummond's Corner
  For $20,000

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**Marriage License Issued**

- Derek Scott Neal, 19, of Salisbury, Md., and Amanda Elizabeth Troast, 18, of Pocomoke, Md.

- From Estelle & Charles Crowson
  To John and Hazel Wise
  Lot 1, Crystal Beach
  For $10,500

- From Durando Miller
  To Mary Mapp
  Belle Haven parcel
  For $100,000

- From Joel and Jean Yadun
  To Osborne and Jane Abbey
  Lot 47, Pine Ridge Development, Chincoteague
  For $120,000

- From Brenda Stettes & Mark Rosley
  To Jacqueline Albarese
  Lot 53B, Ocean Breeze
  For $110,000

- From James Elliott and Blanche Whitley
  To Sylvester Mann
  Parcel near Bloxom
  For $3,500

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Readers Put Their Hearts Into Valentine’s Survey

By Linda Cicora

Accomack and Northampton residents are gearing up for the big event. It’s 72 hours until Valentine’s Day!

Ive Chubb of Eastville said the perfect Valentine couple is Maryon and Stewart Womb of Cheriton. “Their kindness is endless. They are just lovely people in love.”

Chubb is lucky that way, too. “My husband always makes Valentine’s Day special,” she wrote in response to an Eastern Shore Post e-mail survey. “We go out to dinner and he always makes me feel special and loved.” She said her worst Valentine’s Day was “many years ago (when) I was in the military in Spain and all alone.”

Cissy Hall of the Acomac area fondly remembers an Alabama tradition called “stomping.” Kids and teenagers “stomped on the doorstep or porch, banged on door, hid card under doormat and ran to hide” on Valentine’s Day. She said a gift of chocolate or flowers ... for special friends or someone you had a crush on. (They) stayed in the neighborhoods most often ... we would ride our bikes for long distance stomping. As older teenagers we would drive. My parents’ generation had this tradition too. It is fun to think about.”

Richard Pearsall of Onancock said the perfect Valentine couple is “Iris and Willie Crockett, local icons in Onancock — still in love after five kids and many years.”

Ron West of Machipongo said he knows how he won his wife’s heart. “When Faye and I were in college, I did the usual thing of walking down to the lake on campus and carving our initials on a tree. Now he “bakes a Valentine’s cake or other romantic item for Faye. I also try to bake supper for her.”

Vicki Weiskopf of Chincoteague said her cousins, “age 88 and 92, are really the perfect Valentine’s couple. Married 70 years, they still live independently and only think of the other. They still possess those qualities that first attracted them: compassion, dignity, and a sense of humor. They jokingly attribute their happiness to ‘hearing loss’.”

Linda Mitchell of Melfa nominated Allen and Trish Underwood as the perfect Valentine couple. They live in the same area and are celebrating their 19th anniversary today. “Two great kids. Wonderful, wonderful people,” she said.

Mitchell isn’t a stranger to love either. She’s been winning the heart of her husband by cooking lots of “fine candlelit dinners.” Valentine’s Day is “always great with my husband and has never been bad ever.” Her husband usually rewards her with Godiva chocolates.

Sandy Storch of Willis Wharf said Edward and Beverly Stetar of Exmore are the perfect Valentines. “After all these years and their medical problems, they hug and kiss and hold hands at every chance. They are the first ones to come and help a friend or even a stranger. Ed and Beverly are the workers behind putting out the Salvation Army kettle and counting the money each year in Northampton County. Plus taking care of the angel trees and seeing that everyone that can be helped is helped. They both have hearts of solid gold.”

Storch knows these things because she was born on Valentine’s Day. And she’s a sender of Valentines. “I have 12 already written. I love to give gifts and cards on my birthday,” she said.

Jennifer Simpson of Exmore said, “Cooking up a killer meal” is “the way to a man’s heart.” Her best Valentine’s Day “was 1999 when my husband and I started going out. The worst was when I did not have someone special, it’s miserable to be alone on Valentine’s, especially when all your friends have someone.”

Kimberly Ormsby of Onancock said her parents, who live at Wintergreen, in Virginia, are the perfect couple. “They have been married for 54 years. In July of 2010, their home burned to the ground. They escaped through their bedroom window, but nothing of the home or their valuables was saved. My father has always adored my mother and she has loved him through 30 years in the Air Force, which involved moving every three years, and government bureaucracy. After the fire, my father has become even more attached to my mother. The most recent heartwarming story is my mother telling me that at night he wakes up and just touches her. He doesn’t mean to wake her, but he just wants to know she is there beside him and safe. I love that story.”

The best Valentine’s Day for Ormsby was when her husband took her out for a romantic dinner. They drove “home holding hands after many, many years of marriage. The worst was long before my husband and I were married. We broke up and did not spend Valentine’s Day together.”

Still, she says she and her man don’t usually make a big deal about the day. “I really just want my husband to say Happy Valentine’s Day.”

Nancy Galati of Belle Haven said her parents are the best couple: “Evelyn and Richard Lewis (of Cheriton) because they’ve been married 60+ years!”

Candy Williams of Exmore said the way to win someone’s heart is “41 years of marriage, three children and six grandchildren! Cooking, cleaning, work and taking care of the home all that time for better or worse.”

She named “Carrie and Skip” as a great couple “because he always makes her feel like a queen ... they are such Christian examples of how couples should live together in peace and harmony.”

Allison Pike, a high-school student from Cape Charles, said, “I think the perfect Valentine couple are my parents, Roger and Jeanine! I choose them because they are so loving and they think of others before themselves and they al-
ways stick together. Any tough situation and easy situation they are always a loving couple. I've never had a bad Valentine's Day. My parents always make it the best. I love to see my parents happy. That's what makes Valentine's Day the best. And I do not care for anything for Valentine's Day, just for my parents to be together forever and enjoy all the upcoming Valentine's Day there are to come!

Barbara Miles of Gargatha named Jean and Billy Davis as Valentine couple. "They are a perfect image of relying on God and faith in each other to get through the hard times and still be the best of friends. Marriage is not easy, but they have a strong faith in the Lord and He has blessed them. Jean is so well-known for her directorship of the Food Bank and all the ways it has been improved throughout the years. Strong sense of family and values that never waiver. They have had sorrowful times and joyful times. They model themselves as God's servants in all they do. It is a pleasure to know them."

Miles said her best Valentine's Day was "cruising the Caribbean ... and of course the diamonds that went with it! Worst was not worth remembering ... love of family is all that is ever needed."

Erin Hall of Cheriton said, "My best and worst Valentine's Days were actually the same day. When I was in high school I used to get flowers delivered at school every year from my father. When I start-

ed dating, I expected that I would get flowers at school from my boyfriend, too. Valentine's Day came ... and the school day ended without the usual call from the office to come pick up my delivery, and crushed, disheartened, and even a little mad, I left school and headed to my boyfriend's house. There I visited with him briefly, but, seeing that he neither had a Valentine's Day gift for me nor seemed to be aware that the day even existed, I stormed out to my car and went home in a rage. At home I found my room strewn with roses of every hue, plush animals and cards of humor and romance. It was the worst and best Valentine's Day because my boyfriend had taken such care, yet I had been such a ..., well, you know."

"I talk to my high-school Valentine every day when I see my husband. We have been together for 10 years and very little has changed about the way we love," Hall said.

Ed Kehrig of Jamesville said, "Every day is Valentine's Day at my house. My wife is queen and gets treated as such all year long."

Angie H. Crutchley of Onancock said her life is the perfect Valentine. "I choose myself and my husband Doug as the Valentine couple. "Two weirder human beings couldn't have been more perfectly matched. If there is a fate, and I believe there is, it brought us together to live the rest of our disturbed lives together!"

"The best was when we didn't have much money and made each other love letters," Crutchley said. I ... put his on the refrigerator where it stays to this day, much to his embarrassment. I try to force a celebration. Seven years together and I still hear the same manufactured speech about how Valentine's Day is just propaganda from the Hallmark company. She wants to celebrate with diamonds.

## Accomack Schools Oppose PE Bill

By Linda Ciochra

Accomack school officials formally voiced their disapproval last week of Virginia House Bill 1644, which requires an average of at least 150 hours of physical education per week for public school students in grades K-8 and similar goals for high school students.

Superintendent Rick Bull said, "They're always saying it's budget neutral. It's not budget neutral."

In order to offer that much physical education, Bull said, 20 minutes would have to be added to the school day, or art, music or library would have to be cut.

As it is, he said, some students start their day on the school bus as early as 6:45 a.m. and end it as late as 4:45 p.m. Other after-school activities lengthen the day beyond that.

## Supervisor Wolff Announces Meeting

Supervisor Ron Wolff will hold his monthly Election District 2 constituents' meeting at 7 p.m. Feb. 14 at his restaurant in Atlantic. County Attorney Mark Taylor will discuss dealing with changes in the Wallops Transmission Corridor.

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'04 F250 SCB XLT 4WD - Locally Owned, Auto, All Power
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'RESPECT Price $17,740

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Parksley

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Midnight,
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Chef Michael Toepfer and Staff at the Chesapeake Grill at One Island in the Bay on the Chesapeake Bay Bridge-Tunnel will be serving a "pre fixe" 3-course dinner for $26.50 per person plus tax and gratuity.

Call now to make your reservations at 757-318-4818

Visit us on the web at www.virginia-originals.com for complete menu and more information.

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FRIDAY
FEB. 11
* 9 a.m. & 1:30 p.m. - Heart Failure Update - Shore Cardio, Nassawadox - 414-0178

SUNDAY
FEB. 12
* 8 a.m.-noon - Farmer's Market - Downtown Park, Main St., Chincoteague
* 9 a.m. - Zumba Class - sponsored by Chincoteague YMCA - Senior Center, Chincoteague - $5
* 9-11 a.m. - Free Cost Closet - Onley UMC - 787-4155
* 9 a.m.-1 p.m. - Breastfeeding & Infant Care - RSMH, Nassawadox - 414-8764
* 10 a.m.-2 p.m. - Free HIV/AIDS Testing - Transformation Community Development Corporation, 32170 Seaside Rd., Kellor - 787-1189
* noon - Habitat for Humanity Februasry Freeze: Dip in the Chesapeake - Cape Charles Beach Front
* noon - AA & Al-Anon mtgs. - Holy Trinity Church, Onancock
* 6 p.m. - Valentine Dinner - Bethel Baptist Church, Franktown - $5 donation - 787-350-0798
* 7 p.m. - Johnny Goodtimes (Jerome Nottingham) hosts Quizoo - Aqua, Cape Charles
* 7 p.m. - Bingo - Atlantic Vol. Fire Co.
* 7:30 p.m. - Bingo - Eastville Vol. Fire Co.

MONDAY
FEB. 14
* 9 a.m. - Al-Anon mtgs. - UMC Fellowship House, Chincoteague
* 9 a.m. - TOPS mtgs. - Market St. UMC, Onancock
* 9:30-11:30 a.m. - GED class - Head Start, Accomac - 787-1760

WEDNESDAY
FEB. 16
* 7:45 a.m. - Kiwanis Club of Accomack mtgs. - Sage Restaurant, Onley
* 8 a.m.-noon - Farmers’ Market - Downtown Park, Chincoteague
* 9:30-11:30 a.m. - GED Class - Head Start Ctr., Accomac - 787-1760
* 9:30 noon - Congressman Scott Rigell's Staff to Meet with Constituents - Eastville
* 10 a.m.-noon - Accomack AARP mtgs. - Sunrise Restaurant, Onley - Maj. Todd Godwin will be speaker
* 10:30 a.m. - Duplicate Bridge - Sage Diner, Exmore - 442-2474
* 10:30 a.m.-noon - Hospice Grief Support Prgm. - Swain Memorial School Bldg., Tangier - 787-3310
* 11:30 a.m.-12:30 p.m. - Debedevon Toastmasters mtgs. - at NASA Wallops Base - Call Terry at 757-824-1183 for base access
* 2 p.m. - Children's Story Hour - Public Library, Accomac
* 2 p.m. - E.S. Brain Injury Survivors Exercise & Support Group mtgs. - Belle Haven - 442-9934
* 3:15 p.m. - Arts & Crafts Time - Cape Charles Library
* 6:30 p.m. - E.S. Fraternal Order of Police Lodge 62 mtgs. - Yellow Devil, Exmore - 442-5916
* 7 p.m. - Man to Man Prostate Cancer Support Group mtgs. - Riverside Shore Cancer Ctr., Nassawadox
* 7 p.m. - AA & Al-Anon mtgs. - RSMH, Nassawadox
* 7:30 p.m. - Bingo - Painter Val. Fire Co., Painter

SATURDAY
FEB. 12
* 8 a.m.-noon - Farmer's Market - Downtown Park, Main St., Chincoteague

TUESDAY
FEB. 15
* 10 a.m. - Bingo - Accomack Sr. Village, Onancock - 787-3900
* 1:30 p.m. - Hospice Grief Support Prgm. - 509 Randolph Ave., Cape Charles - 787-3310
* 4:15 p.m. - TOPS weigh-in (prgm. @ 5) - Belle Haven Presbyterian Church - 442-3984
* 6 p.m. - Rachel Leah Ministries - 787-2486
* 6 p.m. - Bingo - Pocomoke, next to YMCA
* 6-9 p.m. - Beginning Beekeeping - Barrier Island Center, Machipongo
* 6:30-8:30 p.m. - GED Class - Classroom A-51, ESCC, Melfa
* 7 p.m. - Northampton County Democratic Committee mtgs. - American Legion Post 400, Eastville
* 7 p.m. - Narcotics Anonymous mtgs. - Jerusalem Baptist, Temperanceville
* 7:30 p.m. - Bingo - smoke free - Cheriton VFC
* 7:30 p.m. - AA mtgs. - Atlantic Methodist Church
* 7:30 p.m. - Al-Anon meeting - Atlantic UMC - 824-5386

THURSDAY
FEB. 17
* 10 a.m.-4 p.m. - Blood Drive - Northampton High School, Eastville
* 11 a.m. - Children's Story Hour - Public Library, Accomac
* 6 p.m. - TOPS mtgs. - Baptist Bible Church, Accomac
* 6 p.m. - TOPS mtgs. - Cape Charles Rescue Squad bldg., Cheriton
* 6:30 p.m. - Kiwanis of Chincoteague mtgs. - St. Andrew's Catholic
* 6:30-8:30 p.m. - GED Class - Classroom A-51, ESCC
* 6:30-9 p.m. - 50/50 Bingo Night - Parksley VFC
* 7 p.m. - Free Seminar - Coastal Research Center, Oyster - 331-1246
* 7 p.m. - Narcotics Anonymous mtgs. - Painter Garrisons UMC
**HERTRICH**
Chrysler • Dodge • Jeep • Ram Trucks

**Your Hometown Dealer**

We Treat You Like Family.
No Gimmicks, No Hassles, No Hype, Just Good, Honest Deals...
AND WE'LL BEAT YOUR BEST DEAL, GUARANTEED!
"We're Gonna Make You A Believer."

The Largest Selection on the Shore! 0% APR AVAILABLE ON SELECT MODELS.*

<table>
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<th>Model</th>
<th>MSRP</th>
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*With approved credit. All prices include all dealer discounts. Tax, title, license and doc fees are extra. All payments are based on $4,500 down, cash or rates, for 72 months at 5.99%, with approved credit. Not responsible for typographical errors. Vehicles subject to prior sale. Price excludes all vehicles subject to lender approval. These prices supersede all other advertised offers. All photos for illustration only. All offers expire 03/30/2011.

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Eastern Shore Trading POST

Announcements


Floyd Lee Harris, Sr.
01.02.50 - 01.30.11
Thank you to all who sent cards and flowers, who gave support, prepared food and prayed for us during our time of loss.

Thank you,
Harris Family

The family of Pete Richardson would like to thank each and every one for their visits, flowers, food and prayers while he was ill and since his passing. Special thanks to the Chinook House. The ambulance crew, the Ladies Auxiliary and the Greenbackville Fire Co. for the ladder truck. The outpouring of love and concern shown to our family during this trying time showed how much "Pete" touched peoples lives. He will be sorely missed. There are no words to express our gratitude.

Help Wanted

Nail Tech & Hairdresser Needed
Established beauty salon under new management. Call Shore Cut Style Center at 757-787-4422.

Commercial Space


Firewood

SEALED OAK, CHERRY & HICKORY
Call 475-2368 (cell) or 442-3576 (home).

Misc. - For Sale

PRIDE LEGEND 4-WHEEL ELECTRIC SCOOTER
Fully equipped. Excellent cond. W/ramps, 442-2450 or 710-7852.

LAWAY AVAILABLE FOR YOUR DOWN PAYMENT
APOLLO HOMES 410-587-5280

NEW TO OWN - Mobile homes starting at $5000.00
(includes lot rent) New in Mobile Home Park - 757-324-0215

ZERO DOWN. Let your land be your down payment toward the purchase of your new home. 302-846-9100.
NEED A DRIVEWAY?
JUST CALL
SITE WORK SPECIALIST
JOHN C. MILLER AT 757-665-4026

ROOMATE WANTED
LOOKING FOR ROOMATE - Large Victorian home in Nanuck. Rent is $400 mo. and includes utilities. $100 deposit. Must like animals. 757-710-0171.

SEEKING EMPLOYMENT
I am a motivated, hard-working 50+ female seeking full- or part-time employment in FOOD SERVICE. 30+ years experience from waiting tables to management. 757-665-4926.

HOME HEALTHCARE
for the sick and elderly. Licensed CNA. Call 757-824-5558.

SERVICES
HOUSE CLEANING SERVICE from Meifa North. 757-824-5558.

Garage Doors
Automatic Openers, Installation, Sales & Service

Affordable Rates
Call 894-3151

CUSTOM SEWING & alterations, clothes, miscellaneous stuff - Judie Glitz. 757-652-6836.

JOYFUL NOISE GUITAR LESSONS Ages 5 and up. All skill levels welcome. Call Josh at 443-365-0419.

THrift Shops
PUNGOTEAGUE THRIFT SHOP, Quinby Open Sat., Feb. 12th; 8 a.m.-noon. Fill a bag for $2 & baked table.

SMITH CHAPEL THRIFT SHOP, Quinby Open Sat., Feb. 12th; 8 a.m.-noon. Fill a bag for $2 & baked table.

MARSHELL TREE SERVICE, ELABRABLE, DEPENDABLE
EPA Certified Arborist (FMA-51388) Licensed & insured
Free estimates. 442-7640.

SIMMON TREE & BOBCAT SERVICE - Tree trimming, removal and stump grinding. 757-2100 or 710-8477.


Vehicles - Cars
CHEVY IMPALA 2-dr. sedan, $1,500. 442-2263 after 5.

Vehicles - Parts
COMPLETE REAR AXLE ASSEMBLY - low mileage, from 94 F150 pickup, $500. Call 757-292-0809 or 757-894-3992.

FORD 4.8 & CYL. ENGINE - 5500. 824-3090 or 894-3952.

WANTED
BOB'S TEXACO in Parksley. Buying junk vehicles, large or small. 757-665-4777.

BUYING SILVER & GOLD - sterling, clas rings, coins, broken jewelry, pocket watches, dental gold, diamonds, antiques, estates & more. Call Jerry @ 442-CASH (2274) Mon-Sat. noon-5p.

PAYING CASH FOR JUNK CARS
QUICK REMOVAL 665-5000

FEbruary 11, 2011 - Eastern Shore Post - 21

Yard Sales
EXMORE - Sat., Feb. 19 at 8 a.m. Multi-family yard sale at the former V.P.W. building on Main St. Exmore. 100 sq. ft. spaces available for $15. 442-4052 for space rental.

MELFA - 19371 Main St. Indoor yard sale every Saturday 7 a.m. Spaces for rent: $15. Call 710-5056 or 757-8419.

LEGAL ADS

VIRGINIA: IN THE CIRCUIT COURT FOR THE COUNTY OF NORTHAMPTON
THE BOARD OF SUPERVISORS OF NORTHAMPTON COUNTY, VIRGINIA - Plaintiff
and
CLARISTINE D. SPADY, IRVIN SPADY - Defendants

ORDER OF PUBLICATION
The object of this suit is to enforce the lien of the Plaintiff for delinquent taxes against certain real estate described as follows:

All that parcel of land in Chesapeake, Northampton County, Virginia, being 112 ft. on the North, 78 ft. on the East, 90 ft. on the South and 64 ft. on the West and designated as parcel no. 01054-04-384-0067. IRS and ESCRT a conveyance recorded in Deed Book 166, page 242.

standing in the names of Claristine D. Spady and Irvin Spady, pursuant to Section 38.1-3967 of the Code of Virginia.

And an affidavit having been filed that due diligence has been used to ascertain the location of Irvin Spady, whose last known post office address is 27586 Blueberry Drive, Cape Charles, VA. It is ORDERED that this Order be published once a week for two successive weeks in the Eastern Shore Post and that the parties named herein appear on or before February 25th, 2011, at 12:00 p.m. in the Clerk's Office of the Circuit Court for the County of Northampton, Virginia, and do what may be necessary to protect their interests in this suit.

ENTER: This 27th day of January, 2011
Traci L. Johnson, Clerk

I ask for this:
JAMES W. ELLIOTT, P.O.
Attorney at Law
P.O. Box 1410
7206 U.S. Route 17
Vorktown, VA 23892
(757)998-7000
INVITATION TO BID/REPP
Sealed bids are invited for interested firms to submit proposals for DDC upgrades to the HVAC system at Kiptopeke Elementary School (KES) with options to add Occohannock Elementary School (OES) and Northampton High School, County of Northampton, Virginia.

Sealed bids will be received until 2:00 p.m. on February 18, 2011. Opening is at 2:30 p.m. in the name of Jennifer Paskill

Cash & Carry

THE BOARD OF SUPERVISORS OF NORTHAMPTON COUNTY, VIRGINIA
Plaintiff

vs.

LESTER ERIC HOUSE,
WILLIAM LEE HOUSE,
LARRY THOMAS HOUSE,
GERALDINE COLLICK,
LIONEL DAVID HOUSE,
LAWRENCE RANDOLPH HOUSE,
LINWOOD LEE HOUSE,
LAVEN RAE HOUSE,
Gwendolyn HOUSE,
S. McCALISTER
Defendants

ORDER OF PUBLICATION

The object of this suit is to foreclose the lien of the Plaintiff for delinquent taxes against certain real estate described as follows:


And an affidavit having been filed that due diligence has been used to ascertain the location of Frank Sorcro, III and Michael A. Sorcro, both having a last known post office address of 22600 Randle's Lane, Cape Charles, VA 23310.

It is ORDERED that this Order be published once a week for two successive weeks in the Eastern Shore Post and that the parties named herein appear on or before March 8th, 2011, at 2:00 p.m. in the Clerk's Office of the Circuit Court for the County of Northampton, Virginia, to what may be necessary to protect their interests in this suit.

ENTER: This 8th day of February, 2011
Traci L. Johnson, Clerk
I ask for this: JAMES W. ELLIOTT, p.q.
Attorney at Law
P.O. Box 1410
7100 U.S. Route 17
Yorktown, VA 23692
(757) 898-7000

TRUSTEE'S SALE
5478 Sugarhill Lane
Halwood, Virginia 23359

Pursuant to the terms of a deed of trust dated August 25, 2008, recorded in the Clerk's Office of the Circuit Court of the County of Accomack, VA on Instrument No. 2008-0531, securing a note drawn in the original sum of $108,924.00, the undersigned Substitute Trustee, will offer for public sale at the front of the building housing the Circuit Court of the COUNTY OF ACCOMACK, VA located at 2021 Courthouse Avenue, Accomack, Virginia 23301-0126 on February 16, 2011 at 4:00 pm, the property described as in said deed of trust, located at the above address and briefly described as Parcel 1, Village of Sanford, containing 1.2 acres, more or less. The property and the improvements thereon will be sold "AS IS" and without representation or warranties of any kind. The sale is subject to all liens, encumbrances, conditions, covenants and restrictions, if any, superior to the aforementioned deed of trust and affecting the property. Neither the Substitute Trustee nor the holder of the note secured by the deed of trust will deliver possession of the property to the successful bidder. The purchaser at the sale will be required to pay all closing costs. Real estate taxes, water/sewer fees and other public charges will be prorated as of the date of sale. The risk of loss or damage to the property is to the purchaser immediately upon the confirmation of the Substitute Trustee's sale. Terms: CASH or certified funds. A bidder's deposit of $10,761.00 or 10% of the sale price, whichever is lower, will be required with the balance of the sale price to be paid within 15 days at the address of the Substitute Trustee. Purchaser agrees to pay the Seller's attorneys' fees at settlement, a fee of $2,500.00 for review of the settlement documents. Time is of the essence as to the closing date and the payment of the purchase price. If payment of the balance does not occur within fifteen days of the sale date, the deposit will be forfeited. If the Substitute Trustee is unable to convey good and marketable title, the purchaser's sole remedy in law or equity shall be limited to the refund of the deposit to the purchaser. Additional terms may be announced at the sale. Pursuant to the Federal Fair Debt Collection Practices Act, we advise you that this firm is a debt collector and any information obtained will be used for that purpose. For information, call (804) 547-4100.

I ask for this: JAMES W. ELLIOTT, p.q.
Attorney at Law
P.O. Box 1410
7100 U.S. Route 17
Yorktown, VA 23692
(757) 898-7000
COMMISSIONER'S SALE OF VALUABLE REAL ESTATE

Pursuant to Decree of the Circuit Court of the County of Northampton, Virginia entered in the cases specified herein, the following real estate will be sold at public auction on Tuesday, March 1, 2011, at the Northampton County Circuit Courthouse, 5292 The Hornes, Eastville, VA 23347 at 12:00 p.m., to wit:

PARCEL A: NORTHAMPTON COUNTY vs JAMES H. DILLARD
MAP NO. 00105-0A-BLK-00-044

All that parcel of land in the neighborhood of Capeville, Northampton County, Virginia, bounded North by Clara Townsend; East by a roadway separating the land hereby conveyed from the lands of the heirs of H. S. Knight and others; South by Alonzo Pitchett and West by Ellen Parsons estate, said lot fronting 68 ft., more or less, on the roadway separating said land from the lands of the heirs of H. S. Knight, deceased and others and extending back between parallel lines a distance of 210 ft., more or less.

PARCEL B: NORTHAMPTON COUNTY vs INABELLE FINLEY
MAP NO. 08422-0A-BLK-00-058

All that parcel of land in the Town of Cheriton, Northampton County, Virginia, commonly known as the "Simms Scot" lot, containing 0.50 acre, more or less, and bounded North by Stickley lands; West by James Green; South by Verleander Elsner and East by W. F. Rolley

PARCEL C: NORTHAMPTON COUNTY vs RYHEL JOHNSON GREEN
MAP NO. 08422-0A-BLK-00-059

All that parcel of land at Cheriton, Northampton County, Virginia, bounded North by Emma W. Stickley; East by heirs of Theresia Wood; South by a certain 14 ft. land leading to Virginia State Route 639 and West by William Emmidu Bagwell. Said lot extending in a straight line for 55 ft. and extending in parallel lines approximately 43 ft.

PARCEL D: NORTHAMPTON COUNTY vs THOMAS W. FRANCIS
MAP NO. 00406-0A-BLK-00-015

All that parcel of land near Trevennville, Northampton County, Virginia, being 5.00 acres, more or less, bounded North by lands of Ada Collins; East by William T. Garrett; South by Trevennville crossroad and West by Ada Collins. LESS and EXCEPT conveyances as recorded in Deed Book 149, page 787; 150, page 150; 156, page 289; 164, page 117; 164, page 451; 189, page 189. The remaining parcel being shown as 3.00 acres on the County Land Records.

PARCEL E: NORTHAMPTON COUNTY vs LOUIS HENDERSON
MAP NO. 00088-0A-BLK-00-080

All that parcel of land on the North side of Simpkins Siding Cross Road, near Eastville, Northampton County, Virginia, being 90 yards on the Simpkins Siding Cross Road, and extending back between parallel lines a distance of 70 yards and bounded North, East and West by J. Bernard Murdock and on the South by the Simpkins Siding Cross Road.

PARCEL F: NORTHAMPTON COUNTY vs ELLEN JACKSON
MAP NO. 00914-0A-BLK-00-008B

All that parcel of land near Fairview, near Seaview, Northampton County, Virginia, being 0.4565 acres, more or less, being the easterly half of Lot 8 upon a map of "H. H. Adams' Property Fairview, Virginia", recorded in Plat Book 5, page 10.

PARCEL G: NORTHAMPTON COUNTY vs EDWARD KATES, JR.
MAP NO. 00408-0A-BLK-00-023G

All that parcel of land near Birdsnest, Northampton County, Virginia, beginning at the northeast corner of the land of Major Smith on U.S. Route 18 and extending westerly adjoining the lands of Frank Parsons, Jr., to the lands of Benji Cherry; thence Northerly along the lands of Benji Cherry 110 ft.; thence Easterly 100 ft.; thence Southerly along U.S. Route 13 110 ft. to the point of beginning.

PARCEL H: NORTHAMPTON COUNTY vs ARTHUR K. KATEH
MAP NO. 00099-0A-BLK-00-010

All that parcel of land in the Town of Trevennville, Northampton County, Virginia, shown as Lot 10 in a plat entitled "PLAT OF BAY CREEK AT CAPE CHARLES, PHASE K" and recorded in Plat Book 28, pages 64-73.

PARCEL I: NORTHAMPTON COUNTY vs THE ROYAL BLUE CHRISTIAN WORKERS' ASSOCIATION, INC.
MAP NO. 00110-0A-BLK-00-113

All that parcel of land situate at Exmore, Northampton County, Virginia, being 14.00 acres, more or less, being bounded North and West by George Tankard; East by George Stevens; South by C. J. Prettyman and shown on a plat recorded in Plat Book 5, page 122.

PARCEL J: NORTHAMPTON COUNTY vs THE ROYAL BLUE CHRISTIAN WORKERS' ASSOCIATION, INC.
MAP NO. 00110-0A-BLK-00-13A

All that parcel of land situate at Exmore, Northampton County, Virginia, being 1.00 acre, more or less, being bounded North and West by George Tankard; East by George Stevens and South by C. J. Prettyman and shown on a plat recorded in Plat Book 5, page 122.

PARCEL K: NORTHAMPTON COUNTY vs CHARLES SAMSON
MAP NO. 00113-0A-BLK-00-027

All that parcel of land in the neighborhood of Townsend, Northampton County, Virginia, being 1.00 acre, more or less, bounded North by James Griffith; East by L. A. Belote; South by Benjamin Trower and West by Nathaniel Moses.

PARCEL L: NORTHAMPTON COUNTY vs SASHA CORP.
MAP NO. 00841-02-BLK-00-115

All that parcel of land near Cape Charles, Capeville District, Northampton County, Virginia, being Lot 115 on a plat entitled "KING'S CREEK LANDING PHASE III" recorded in Plat Book 53, pages 9-19.

PARCEL M: NORTHAMPTON COUNTY vs BRUCE A. SATCHELL
MAP NO. 00030-0A-BLK-00-054A

All that parcel of land near Birdsnest, Northampton County, Virginia, being 100 ft by 200 ft. and bounded East by Garrett Sanderson and John W. Sanderson; North by Herman W. Joyner; West by Jacob Ocard and South by Herman Joyner.

PARCEL N: NORTHAMPTON COUNTY vs MILDRED SCARBROUGH
MAP NO. 00020-0A-BLK-00-010

All that parcel of land being 0.25 acres, more or less, near Nassawadox, Northampton County, Virginia, bounded by Amos Lee Collins and Kate Collins and by the County road leading from Nassawadox to Holly Grove Farm.

PARCEL O: NORTHAMPTON COUNTY vs 21ST CENTURY INVESTMENT CORPORATION
MAP NO. 00021-01-BLK-00-002B

All that parcel of land near Nassawadox, Franktown District, Northampton County, Virginia, being 1.00 acre, more or less, shown as Tract 27 on a plat entitled "SURVEY OF PROPERTY OF HARRY, C. JOYNES (DEC) & EMMA JOYNES NEAR NASSAWAXO FRANKTOWN DISTRICT NORTHAMPTON COUNTY, VIRGINIA" and recorded in Plat book 27, page 69.

PARCEL P: NORTHAMPTON COUNTY vs 21ST CENTURY INVESTMENT CORPORATION
MAP NO. 00112-0A-BLK-00-071

All that parcel of land near Townsend, Capeville District, Northampton County, Virginia, being 5.00 acres, more or less, bounded North by the Chesapeake Bay Bridge & Tunnel District; East by John O. Morris and South by Cedar Grove Crossroad.

The terms of sale shall be cash or a deposit of 25% of the bid price with the balance due in ten days. Additional terms will be announced at the sale.

Each sale shall be subject to confirmation by the Court.

JAMES W. ELLIOTT
Special Commissioner
7100 U. S. Route 17
Yorktown, VA 23692
(757) 926-7600
www.vntaxsale.com
Pursuant to Decrees of the Circuit Court of the County of Accomack, Virginia entered in the cases specified herein, the following real estate will be sold at public auction on Thursday, February 24, 2011, at the Accomack County Circuit Courthouse, 23316 Courthouse Avenue, Accomac, VA 23301 at 12:30 p.m., to wit:

PARCEL A: ACCOMACK COUNTY vs JOHN J. BECK, JR.
MAP NO. 005A09100008600

All that parcel of land in Accomack County, Virginia, being Lot 86, Section 18, Captain's Cove Subdivision.

PARCEL B: ACCOMACK COUNTY vs ADA COLLINS BELL
MAP NO. 087000A0000112A0

All that parcel of land near Pastoria, Accomack County, Virginia, bounded on the Northeast by the lands of Mrs. Mary D. Ayers, Southeast by Leah B. Collins; Southwest by Robert L. Smith and Northwest by the center of a ditch separating the land herein from the land of the said Mary D. Ayers.

PARCEL C: ACCOMACK COUNTY vs BENJAMIN F. CUSTIS
MAP NO. 092A0A0000040700

All that parcel of land near Savageville, Accomack County, Virginia, bounded South by a lane leading from the land of James Bellum to the Savageville-Onancock State Highway for 60 ft.; East by Alfred and Hattie L. Stratten 40 ft.; North by Alfred and Hattie L. Stratten 50 ft. and West by James Beleto.

PARCEL D: ACCOMACK COUNTY vs EMMA PARKER DAVIS
MAP NO. 10100A000005200

All that parcel of land near the Town of Keller, Accomack County, Virginia, being 0.1667 acre, more or less, bounded West by Mollie Walker for 115 ft.; North by Arthur B. Nicollis for 50 ft.; East by Arthur B. Nicollis for 115 ft.; and South by a certain public road leading from Hollies Church to Graingerville for 50 ft.

PARCEL E: ACCOMACK COUNTY vs GERMAN J. DEL TORO
MAP NO. 006A90300014600

All that parcel of land in Accomack County, Virginia, being Lot 146, Section 16, Captain's Cove Subdivision.

PARCEL F: ACCOMACK COUNTY vs WILFORD L. DENNISON
MAP NO. 003A10100003240

All that parcel of land in Accomack County, Virginia, being Lot 524, Section 1, Captain's Cove Subdivision.

PARCEL G: ACCOMACK COUNTY vs ERSIN L. DOMANGUE
MAP NO. 029A10200000300

All that parcel of land near Horntown, Atlantic District, Accomack County, Virginia, being Lot 3, Unit 3, Sheet 7, Chincoteague Bay Trails End.

PARCEL H: ACCOMACK COUNTY vs HELEN RAY HANDSHEW
MAP NO. 102B002C00000600

All that parcel of land in the Town of Melfa, Accomack County, Virginia, being Lot 6, Block C on a plat recorded in Plat book 3, page 77.

PARCEL I: ACCOMACK COUNTY vs KATHERYN R. HELTZEL
MAP NO. 005A090200012800

All that parcel of land in Accomack County, Virginia, being Lot 128, Section 17, Captain's Cove Subdivision.

PARCEL J: ACCOMACK COUNTY vs JAMES JOHNSON
MAP NO. 018A00100000300

All that parcel of land on the road leading from New Church to Horntown, Atlantic District, Accomack County, Virginia, shown as Lot 3 on a plat dated the 18th day of December, 1948 and made part of a certain deed dated the 3rd day of March, 1949 from Rutherford B. Wharton to Braddock N. Harmon, Jr. and bounded North by Milton Bodley; East by Lot 4; South by State road and West by Braddock N. Harmon, Jr.

PARCEL K: ACCOMACK COUNTY vs DOYLE T. LANGHAM
MAP NO. 029A101000021400

All that parcel of land near Horntown, Atlantic District, Accomack County, Virginia, being Lot 214, Unit 1, Sheet 1, Chincoteague Bay Trails End.

PARCEL L: ACCOMACK COUNTY vs DAVID MASON
MAP NO. 055A05000005000

All that parcel of land near Mappsville, Accomack County, Virginia, being Lot 50 on a plat described as "Uniontown Accomac Co., Va., Lots for sale by Eastern Shore Building and Loan Association, Inc., Accomac, Va.," being 40 ft. by 120 ft. bounded North by Douglass Street; East by Lot 61; South by an alley and West by Lot 49.

PARCEL M: ACCOMACK COUNTY vs LENA MATTHEWS
MAP NO. 055A00500002400

All that parcel of land near Mappsville, Accomack County, Virginia, being Lot 24 on a plat attached to a deed from S. D. Outlaw to D. Mason dated June 18, 1933.

PARCEL N: ACCOMACK COUNTY vs IDELLE D. MCINNESS
MAP NO. 054A00000002800

All that parcel of land situate on the County road leading from Kings to Hallwood, Mecompine District, Accomack County, Virginia, beginning at the center of a certain ditch on the southeast corner of said lot, thence northerly along State Highway 145 ft. to a point; thence westerly for 160 ft. to a point; thence southerly to the center of a certain ditch; thence along the center of said ditch southeast to the point of beginning and bounded East by an aforesaid County road; South by a ditch severing this land from the Young property and West by Drummond.

PARCEL O: ACCOMACK COUNTY vs VIOLA L. NEILSON
MAP NO. 005A30100168700

All that parcel of land in Accomack County, Virginia, being Lot 1087, Section 3, Captain's Cove Subdivision.

PARCEL P: ACCOMACK COUNTY vs HARRISON J. SAVAGE, JR.
MAP NO. 02800A000005800

All that parcel of land near the Village of Athabbe, Atlantic District, Accomack County, Virginia, fronting 70 ft. on the State Highway leading from the Village of Atlantic to the Village of Watsville, and running back 125 ft., bounded South by State Highway; East by Lawrence Dickerson; and North and West by Hilda T. Fasell.

The terms of sale shall be cash or a deposit of 25% of the bid price with the balance due in ten days.

Additional terms will be announced at the sale.
Each sale shall be subject to confirmation by the Court.

JAMES W. ELLIOTT
Special Commissioner
7100 U. S. Route 17
Yorktown, VA 23692
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NOTICE
JUDICIAL SALE OF REAL ESTATE

On March 8, 2011, proceedings will be commenced under authority of Section 58.1-3955 et seq., of the Code of Virginia to sell the following parcels located in the County of Northampton, Virginia for payment of delinquent taxes.

Moses, Christine A.
00068-0A-BL-K-00-074A
01068-0A-BL-K-00-000A
01068-0A-BL-K-00-000A
00068-0A-BL-K-00-074A
Walkor, Geraldine
00030-0A-BL-K-00-016

The owner of any property listed may redeem it at the time and place before the date of sale by paying accumulated taxes, penalties, interest and costs thereon at the law office listed below. The pro rata costs of publication hereunder will become a part of the tax and together with all other costs, including reasonable attorney's fees set by the court, shall be collected when payment is made whether or not court proceedings have been initiated.

LILA V. JAMES
TREASURER
NORTHAMPTON COUNTY, VIRGINIA
JAMES W. ELLIOTT
Attorney at Law
7100 Route 17
Yorktown, VA 23692
(757) 898-7000
www.vjavascript.com

COUNTRYSIDE AUCTION
Antiques & Collectables
HOPETON, VA
Saturday February 12, 2011 @ 10:00 A.M.

Directions: Located approximately 60 mi. South of Salisbury, MD and 60 mi. North of the Chesapeake Bay Bridge-Tunnel. Turn West off Rt. 13 on to Rt. 676 (Dennis Drive), just North of Parkley and follow signs to Auction. Signs will be posted at Rt. 13.

SMALL LASSER BACK CHAIR, MARGANY 3 TIER TABLE, OAK CHEST, PINE ENTERTAINMENT CENTER, GLASS TOP TABLE WITH 4 CHAIRS, SMALL CHEST FREEZER, SHADOW BOX FRAME MIRROR, ACOUSTIC GUITAR, DECOY AND ENGRAVINGS, MANTLE CLOCK, BARO CHOCK, WOODEN DOLL, SEVERAL PIECE OF HOLIDAY DECOR COLLECTOR SIGN, ROSEVILLE PIECES, HUMMELS, CROCKERY GLASS, LARGE ORIENTAL VASE, MILK BOWLS, SET OF CHINA, NICKLE LAMP, BRASS PUMP LAMP, WEDDING FLOWERS, KITCHEN STEMS, COLLEGE GAME, WEDGWOOD, CARNIVAL GLASS PITCHER, OUTDOOR WHIRLY BIG, LAWN VACUUM AND CHIPPER, SHERIDAN COMBO GATE, NEW WEED EATER, A LOT OF NEW HOME INTERIOR CANDLES, A LOT OF HOMEMADE CHRISTMAS ITEMS, 2 NEW VERA BRADLEY BAGS, A NEW CONJURER PUNCHES, LARGE AMOUNT OF GLASSWARE, LOTS OF BOX LOTS AND OTHER ITEMS TOO NUMEROUS TO MENTION, VERY NICE SALE.

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Coins & Broken Jewelry
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<tr>
<td>Seaside</td>
<td>H 1:25 p.m.</td>
<td>H 2:25 p.m.</td>
<td>H 3:28 p.m.</td>
<td>H 4:27 p.m.</td>
<td>H 5:22 p.m.</td>
<td>H 6:15 p.m.</td>
<td>H 6:49 a.m.</td>
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<td>Assateague Beach</td>
<td>L 7:55 a.m.</td>
<td>L 8:52 a.m.</td>
<td>L 9:53 a.m.</td>
<td>L 10:53 a.m.</td>
<td>L 11:49 a.m.</td>
<td>L 12:40 p.m.</td>
<td>L 1:28 p.m.</td>
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<td>Chincoteague Channel</td>
<td>H 1:36 p.m.</td>
<td>H 2:36 p.m.</td>
<td>H 3:39 p.m.</td>
<td>H 4:38 p.m.</td>
<td>H 5:33 p.m.</td>
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<td>H 7:00 a.m.</td>
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<td>Gargatha</td>
<td>L 8:35 a.m.</td>
<td>L 9:32 a.m.</td>
<td>L 10:24 a.m.</td>
<td>L 11:23 a.m.</td>
<td>L 12:19 p.m.</td>
<td>L 1:10 p.m.</td>
<td>L 1:58 p.m.</td>
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<td>Folly Creek</td>
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<td>H 5:19 p.m.</td>
<td>H 6:14 p.m.</td>
<td>H 6:51 a.m.</td>
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<td>Wachapreague Inlet</td>
<td>H 1:27 p.m.</td>
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<td>H 6:03 p.m.</td>
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<td>Quinby Inlet</td>
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<td>L 9:21 a.m.</td>
<td>L 10:13 a.m.</td>
<td>L 11:12 a.m.</td>
<td>L 12:08 p.m.</td>
<td>L 1:05 p.m.</td>
<td>L 1:53 p.m.</td>
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<td>Machipongo Inlet</td>
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<td>Cape Charles Harbor</td>
<td>L 8:41 a.m.</td>
<td>L 9:38 a.m.</td>
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<td>Kiptopeke Beach</td>
<td>L 8:10 a.m.</td>
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<td>L 1:00 a.m.</td>
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I bought myself a treadmill and I'm using it! Yippee! By the time this column is in the newspaper, I will be on my 13th straight day of mile walking. My calves are firm. And the rest of me might follow some day. I have high hopes.

It's opened up a whole new world. I'm watching morning television now. That's right, this night owl is dragging herself out of bed 10 minutes earlier than usual. I finally understand what some of my coworkers are talking about — early news.

Last week I was able to debate whether giving hot sauce to a child is a proper form of punishment. I've kept up with happenings in Egypt and with Lindsay Lohan. And I now know that later tots are less fattening than French fries.

The treadmill is set up in the middle of the living room so I can't easily ignore it. It has a fold-up conveyer belt that keeps Finnegar, one of my cats, from pretending he's in a cartoon and flipping around and around.

A friend hinted that using the machine late at night is not good for you. She's one of those early risers who put evil thoughts in my head about late-night exercise. Now I'm stuck with the morning routine.

It's not all bad. I can walk for the first 10 minutes before I even realize that my legs are killing me. I'm still asleep.

Miner Successfully Takes On Wannabe Reporter Nowak

Dear Editor:

OOPS, a reply by an informed, articulate and honest public servant — Steve Miner — trumps a vitriolic, biased screed by Cheryl Nowak, legendary hater of all Accomack government.

Truth cleaned your clock again. Just keep quite (sic) and collect your advertising revenues or start trying to get your facts straight like a real reporter you try to imitate.

R.D. McDowell, Punatogue

Letters to the Editor may be sent by fax, e-mail or snail-mail using the addresses in the Publisher's Circle below. While the Post will withhold a writer's name with just cause, all letters must be signed and include a phone number for verification.

Robert A. Dodge Jr., Gargatha Landing
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<table>
<thead>
<tr>
<th>Year</th>
<th>Make</th>
<th>Model</th>
<th>Stock</th>
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<td>1111313A</td>
<td>Base Shift on the Column</td>
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<td>Camry LE</td>
<td>110057</td>
<td>Manual 5-Speed Automatic</td>
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<td>2008</td>
<td>Toyota</td>
<td>Camry XLE V6</td>
<td>110058</td>
<td>Only 13K miles. Toyota Certified.</td>
<td>Silver</td>
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